

<b>MILE</b>	<b>DRIVE TIME</b>	<b><u>TRACKS</u> AND DIRECTIONS</b>
<b>0.0</b>	<b>00 00</b>	<b>Cumberland Gap Visitor Center</b> <i>CUGA VC Parking Lot</i>
		<b><u>TRACK 1: MANDATORY INTRODUCTION</u></b>
0.0	00 00	<i>Leave towards Pinnacle</i>
		<b><u>TRACK 2: UP TO THE PINNACLE</u></b>
	00 07	<i>View of Gap from road switchback</i>
	00 08	<i>Fort McCook</i> <i>Pinnacle Parking Lot</i>
		<b>Pinnacle Overlook</b>
3.5	00 11	<i>Pinnacle Parking Lot   drive down mountain</i>
		<b><u>TRACK 3: WALK AWAY FROM CUMBERLAND GAP</u></b>
7.0	00 22	<i>Pass CUGA VC   exit to US 25E south   Tunnel   to ALLM</i>
	00 23 30	<i>Tunnel in   continue south on US 25E</i>
		<b><u>TRACK 4: THE TUNNEL UNDER MASSACRE MOUNTAIN</u></b>
	00 24 50	<i>Tunnel out   continue south on US 25E</i>
<b>10.4</b>	<b>00 28</b>	<b>Abraham Lincoln Library and Museum</b> <i>ALLM Parking Lot</i>
		<b><u>TRACK 5: MOUNTAIN HEAVEN ON HENSLEY SETTLEMENT</u></b>
10.4	00 28	<i>turn around   drive north on US 25E to BCTC</i>
		<i>ALT-TOUR: Martin's Station &amp; Wilderness Road State Park</i>
13.8	00 34	<i>turn left on KY-74 (1st light)</i>
		<b><u>TRACK 6: MIDDLESBORO</u></b>
<b>14.7</b>	<b>00 37</b>	<b>Bell County Tourism Commission</b> <i>BCTC Parking Lot   Canal Walk</i>
		<b><u>TRACK 7: OPERATION GLACIER GIRL</u></b>
		<i>continue west on KY-74   right on 35th St   right on Dorchester Ave.</i>

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16.1	00 41	<b>The Lost Squadron &amp; P38 Museum</b>
		<b><u>TRACK 8: MIDDLESBORO 2: IMPACT CRATER</u></b>
16.1	00 41	<i>turn around   drive east on KY-74</i>
18.4	00 48	<i>turn left on US 25E   drive north on US 25E to PMSRP</i>
28.8	1 04	<i>Turn left on KY-190   continue to Lodge</i>
		<b>TRACK 9: KENTUCKY'S FIRST STATE PARK</b>
<b>33.0</b>	<b>1 11</b>	<b>Pine Mountain State Resort Park Lodge</b>
		<i>PMSRP Lodge Parking Lot   up to Chained Rock</i>
		<b><u>TRACK 10: HUMOR IN THE MOUNTAINS</u></b>
36.0	1 18	<b>Chained Rock Overlook</b>
40.0	1 26	<i>down Mountain   turn left onto US 25E</i>
40.2	1 27	<i>Light at US 25 E and US 119   turn right onto US 119</i>
	1 47	<i>Harlan County Line</i>
		<b><u>TRACK 11: HARLAN COUNTY, HOME OF BIG BLACK MOUNTAIN</u></b>
63.9	1 51	<i>ALT-TOUR: left on KY-840 to Blanton Forest</i>
66.2	1 53	<i>ALT-TOUR: left on KY-840 to Blanton Forest (2nd exit)</i>
69.4	1 59	<i>turn right onto US 421 from US 119</i>
		<b><u>TRACK 12: SHADY GROVE MY DARLIN</u></b>
70.4	2 01	<i>turn left on KY-38 (3rd Light)   turn left on Main St.</i>
<b>73.0</b>	<b>2 02</b>	<b>Harlan Tourist and Convention Commission</b>
		<i>HTCC Parking Lot</i>
		<b><u>TRACK 13: SEASONS OF MOUNTAIN CHANGE</u></b>
73.0	2 02	<i>continue north on Main St.   right on E. Clover   left on 2nd St.   left on E. Central St.   Courthouse Sqaure</i>
74.0	2 04	<b>Harlan County Courthouse Square</b>

MILE	DRIVE TIME	TRACKS AND DIRECTIONS
		<b><u>TRACK 14: DOWN IN THE COAL MINES</u></b>
74.1	2 05	<i>west on E. Central St.   right on US 421</i>
74.7	2 07	<i>continue through light at US 119 and US 421</i>
84.0	2 08 2 17	<i>ALT-TOUR: left on US 421 to Little Shepherd Trace ALT-TOUR: left on KY-2010 to Little Shepherd Trace</i>
95.8	2 30	<i>turn Right on KY-160 from US 119</i>
<b>97.5</b>	<b>2 33</b>	<b>Kentucky Coal Museum</b>
		<i>KCM Parking Lot</i>
		<b><u>TRACK 1: ITALIANS IN THE COAL CAMPS</u></b>
99.9	2 37	<i>continue east on KY-160   Portal 31 Mine Tour</i>
		<b><u>TRACK 2: UP FROM ALABAMA</u></b>
		<i>ALT-TOUR: Big Black Mountain Summit</i>
		<i>turn around   continue west   right on KY-1926 left at Kingdom Come State Park Rd.   up the mountain</i>
<b>106.6</b>	<b>2 51</b>	<b>Kingdom Come State Park</b>
		<i>Black Mountain Overlook Parking Lot</i>
		<b><u>TRACK 3: SIGHTS IN KINGDOM COME PARK</u></b>
		<i>Creech Overlook</i>
		<i>ALT-TOUR: Hurricane Gap Loop</i>
		<i>turn around   down mountain   right on KY-1926   right on KY-160 dog-leg onto Main St. (KY-179)</i>
		<i>ALT-TOUR: Hurricane Gap Loop</i>
<b>111.9</b>	<b>2 56</b>	<b>Cumberland Tourist and Convention Commission</b>
		<i>CTCC Parking Lot</i>
		<b><u>TRACK 4: THE SECLUDED COVES OF PINE MOUNTAIN</u></b>
		<i>continue on Main St. to light at US 119   turn right on US 119</i>

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123.9		<i>ALT-TOUR: Laden Trail to Little Shepherd Trail</i>
132.3	3 17	<i>Light at US 421 and US 119 in Harlan</i>
		<i>ALT-TOUR: south on US 421 to Martin's Fork Lake</i>
		<i>continue on US 119</i>
135.5	3 23	<i>ALT-TOUR: right on KY-840 to Blanton Forest</i>
137.7	3 25	<i>ALT-TOUR: right on KY-840 to Blanton Forest (2nd Exit)</i>
161.4	3 49	<i>Light at US 25E and US 119</i>
		<i>ALT-TOUR (w /audio): south to KY-190 and right to PMSRP</i>
		<i>right on US 25E   north to KCCV</i>
<b>184.1</b>	<b>4 17</b>	<b>Kentucky Communities Crafts Village</b>
		<i>KCCV Parking Lot</i> <i>Turn around   drive south on US 25E</i>
		<b><u>TRACK 5: IF QUILTS COULD TALK</u></b>
189.7	4 25	<i>right on KY-11</i>
		<i>right on Cumberland Ave at 2nd light   continue straight</i>
190.3	4 28	<b>Union College Visitor Parking</b>
		<i>turn around   drive south   right on Knox St at 1st light</i>
		<b><u>TRACK 6: AUTUMN IN BARBOURVILLE</u></b>
190.8	4 31	<b>Knox County Courthouse Square</b>
		<b><u>TRACK 7: LOCUSTS HOLLER IN THE SUMMERTIME</u></b>
		<i>exit Square   drive east on Knox St to light   right on US 25E</i>
		<i>ALT-TOUR Dr. Thomas Walker SHP</i>
	4 39	<i>(*) ALT-TOUR: Flat Lick and Daniel Boone Memorial Park</i>
	4 33	<i>Four Mile   views of Narrows and Coal Seams in Road Cut</i>
	4 51	<i>Valley view of Chained Rock   right on KY-66 at 2nd light in Pineville</i>

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207.5	4 53	<b>Bell County Courthouse Square</b>
		<b><u>TRACK 8: BELL COUNTY COURTHOUSE SQAURE</u></b>
209.0	4 57	<i>exit Courthouse Sqaure   right on 25E   Light at US 25E and US 119   continue straight on US 25E</i>
	4 58	<i>ALT-TOUR (w/ audio): right on KY-190 to PMSRP Lodge</i>
	5 01	<i>View of Rocky Face Fault</i>
	5 07	<i>KY-441 and ALT KY-74 (1st light)</i>
		<b><u>TRACK 9: HIGH ON A MOUNTAIN</u></b>
220.0	5 13	<i>turn right on KY-74 (3rd light)</i>
221.0	5 14	<b>Cumberland Gap NHP Visitor Center</b>
		<i>Tour Begins at MILE 0</i>

<b>MILE</b>	<b>DRIVE TIME</b>	<b><u>TRACKS</u> AND DIRECTIONS</b>
Miles in Tour	Time into Tour drive <i>excluding time at Site</i>	<p style="text-align: center;"><b><u>HOW TO READ AUDIO ITINERARY</u></b></p> <p><b><u>TRACKS FOR AUDIO CDS 1 and then 2</u></b></p> <p style="text-align: center;"><b>Major Tourist Information Site</b> <i>(Tour Package Pick-Up and Drop-Off and Passport Stamp)</i></p> <p style="text-align: center;"><b>Recreational, Cultural, or Historic Tourism Site</b></p> <p style="text-align: center;"><i>ALTERNATE TOURS drivers can take. No timed audio but in Guidebook</i></p> <p style="text-align: right;"><i>driving instructions</i></p> <p>* Track titles tentative</p>